



BODHI MIND SPACE

MENTAL WELL-BEING AND INCLUSION

100, ANANDA PALLY ROAD, KOLKATA

700032

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Dr. Subhecha Chatterjee

PhD (Psychology), MA (Clinical Psychology), PG Dip (Guidance, Family Therapy and Counselling), B.Ed (Special Education - ASD)

Consultant Psychologist & Special Educator (RCI Regd.), affiliated with EEDF Hospital and KPC Medical College and Hospital, Kolkata

Date: 19-03-2026

Psychometric Test

Socio- Demographic Details

Name : Chorui Pakhi
Gender : Female
Age : 25 years
Address : KPC Hospital, Kolkata - 700032
Self : Self
Relation : Self
Contact No : 9876543210
Date of Testing : 06-05-2026

Birth History

Type of birth : Caesar
Mother's health during pregnancy : No
Birth cry : Present
Birth weight : -----
Developmental milestone : Normal
History of convulsion : No
Family history : No significant history of psychiatric illness in the family.

Chief Complaints

- Low mood
- Anxiety
- Poor self esteem
- Forgetfulness
- Crying spell

Test behaviour : Cooperative and tries to follow the instructions.

Test Administered : Low mood, Anxiety, Poor self esteem, Forgetfulness, Crying spell

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Needs

- Low mood
- Anxiety
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The environment is perceived as:

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- Low mood

Test Result

IPDE (International Personality Disorder Examination)

- Forgetfulness

The findings are suggestive of Emotionally Unstable Personality Disorder (Borderline type) traits and features of Emotionally Unstable Personality Disorder Impulsive type and features of Dependent Personality disorder as per ICD-10, characterized by instability in mood, self-image, and relationships, intense and rapidly shifting emotions, along with difficulty managing emotions. There is also the presence of dependency needs, difficulty in autonomous functioning, and a strong reliance on others for emotional support and reassurance.

There are also significant depressive features, including low mood, hopelessness, and reduced sense of meaning in life. These traits collectively impact emotional regulation, decision-making, and social functioning.

TAT (Thematic Apperception Test)

The stories reflect a consistent pattern of emotional vulnerability, interpersonal sensitivity, and internal conflict. The narratives are dominated by themes of confusion, rejection, mistrust, emotional pain, and fear of negative evaluation. There is a noticeable tendency to perceive the environment as critical, unsafe, and emotionally unresponsive, alongside a strong underlying need for acceptance, reassurance, and emotional security.

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